

# Categories or Continua? The Correspondence Between Factor and Mixture Models

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## Outline

- The case for mixture models
- Common factor model
- Latent profile model
- Formal correspondence between the two
- Empirical example
- Summary

## Why Categories?

- Discrete types exist in nature
- Distinct causal structures
- Explain associations among observed variables
- Distinct predictions for different categories

## Why Continua?

- Individual differences exist in nature
- Reflect underlying causal structures
- Explain associations with simpler structure
- Make predictions

## Infant Temperament

- Kagan -- inhibited versus uninhibited
- Distinct patterns of reactivity in terms of motor activity and crying in infancy related to behaviors in later childhood
- But is it categorical or continuous?

## Metabolic Syndrome

- Collection of risk factors associated with obesity, diabetes, cardiovascular problems
- Triglycerides, glucose, HDL cholesterol, systolic blood pressure, diastolic blood pressure, waist circumference
- Above threshold on 3 or more indicators sometimes considered diagnostic of having "metabolic syndrome"

## Mixture Models in Measurement

- Modeling birth weight and gestational age of newborns in Finland
- Adding “guessing” parameter to IRT model
- Identifying over- and under-reporters in self-reports of dietary intake

## Choosing Between Mixture and Factor Models

- Should be made on theoretical and substantive grounds
- Deep divisions between “camps” often not justified
- Some models with latent “categories” or “continua” are surprisingly similar in formal structure and provide similar fit to the data

## Common Factor Model

$$\begin{aligned}
 Y_{1i} &= \lambda_{11}F_{1i} + \lambda_{12}F_{2i} + \lambda_{13}F_{3i} + \varepsilon_{1i} \\
 Y_{2i} &= \lambda_{21}F_{1i} + \lambda_{22}F_{2i} + \lambda_{23}F_{3i} + \varepsilon_{2i} \\
 Y_{3i} &= \lambda_{31}F_{1i} + \lambda_{32}F_{2i} + \lambda_{33}F_{3i} + \varepsilon_{3i} \\
 Y_{4i} &= \lambda_{41}F_{1i} + \lambda_{42}F_{2i} + \lambda_{43}F_{3i} + \varepsilon_{4i} \\
 Y_{5i} &= \lambda_{51}F_{1i} + \lambda_{52}F_{2i} + \lambda_{53}F_{3i} + \varepsilon_{5i} \\
 \dots & \quad \dots \quad \dots \quad \dots \quad \dots \\
 Y_{pi} &= \lambda_{p1}F_{1i} + \lambda_{p2}F_{2i} + \lambda_{p3}F_{3i} + \varepsilon_{pi}
 \end{aligned}$$

Mixture model also implies a covariance structure

$$\Sigma = \Lambda\Phi\Lambda^T + \Theta$$

$\Sigma$  = implied variance/covariance matrix

$\Lambda$  = matrix of factor loadings

$\Phi$  = matrix factor variances and covariances

$\Theta$  = diagonal matrix of unique variances

## Maximum Likelihood Estimation

$$LL(Y | \Lambda, \Phi, \Theta) = -\frac{1}{2}n[\log|\Sigma| + tr(\mathbf{S}\Sigma^{-1})]$$

## Common Factor Model

$$\begin{aligned} Y_{1i} &= \lambda_{11}F_{1i} + \lambda_{12}F_{2i} + \lambda_{13}F_{3i} + \varepsilon_{1i} \\ Y_{2i} &= \lambda_{21}F_{1i} + \lambda_{22}F_{2i} + \lambda_{23}F_{3i} + \varepsilon_{2i} \\ Y_{3i} &= \lambda_{31}F_{1i} + \lambda_{32}F_{2i} + \lambda_{33}F_{3i} + \varepsilon_{3i} \\ Y_{4i} &= \lambda_{41}F_{1i} + \lambda_{42}F_{2i} + \lambda_{43}F_{3i} + \varepsilon_{4i} \\ Y_{5i} &= \lambda_{51}F_{1i} + \lambda_{52}F_{2i} + \lambda_{53}F_{3i} + \varepsilon_{5i} \\ \dots & \quad \dots \quad \dots \quad \dots \quad \dots \\ Y_{pi} &= \lambda_{p1}F_{1i} + \lambda_{p2}F_{2i} + \lambda_{p3}F_{3i} + \varepsilon_{pi} \end{aligned}$$

## Multivariate Normal Mixture

$$Y \sim \pi_1 N(\mu_1, \Sigma_1) + \pi_2 N(\mu_2, \Sigma_2) + \dots + \pi_k N(\mu_k, \Sigma_k)$$

Observed Y distribution is composed of K subgroups.

Yields profiles of means, component probabilities and conditional variances.

*Conditional independence* assumes within group covariance matrices are diagonal.

## ML Estimation

$$L(Y | \pi, \mu, \Sigma) = \prod (\pi_1 N(\mu_1, \Sigma_1) + \dots + \pi_k N(\mu_k, \Sigma_k))$$

## Similar Models?

- A formal correspondence between mixture and factor models has been noted by:
  - McDonald 1967
  - Bartholomew 1988
  - Waller & Meehl 1998
  - Molenaar & von Eye 1994

## Similar Models

- Although often described completely differently, models actually highly similar
- Both imply a variance/covariance structure
- “factor loading” = “conditional mean”
- “factor variance” = “group probability”
- “uniqueness” = “pooled within variance”



First and Second Moments Implied by  
Latent Profile Model

$$E(y_i) = \sum \pi_k \mu_{ik}$$

$$E(y_i^2) = \sum \pi_k \mu_{ik}^2 + \pi_k \sigma_{ik}^2$$

$$E(y_i y_j) = \sum \pi_k \mu_{ik} \mu_{jk}$$

Latent profile model also implies a  
covariance structure

$$\Sigma = \Lambda \Phi \Lambda^T + \Theta$$

$\Sigma$  = implied variance/covariance matrix

$\Lambda$  = matrix of group means ( $\mu$ )

$\Phi$  = diagonal matrix with group probabilities ( $\pi$ )

$\Theta$  = diagonal matrix of pooled within group variances

## Rewriting Latent Profile Model

$$Y_{1i} = \mu_{11}F_{1i} + \mu_{12}F_{2i} + \mu_{13}F_{3i} + \varepsilon_{1i}$$

$$Y_{2i} = \mu_{21}F_{1i} + \mu_{22}F_{2i} + \mu_{23}F_{3i} + \varepsilon_{2i}$$

$$Y_{3i} = \mu_{31}F_{1i} + \mu_{32}F_{2i} + \mu_{33}F_{3i} + \varepsilon_{3i}$$

$$Y_{4i} = \mu_{41}F_{1i} + \mu_{42}F_{2i} + \mu_{43}F_{3i} + \varepsilon_{4i}$$

$$Y_{5i} = \mu_{51}F_{1i} + \mu_{52}F_{2i} + \mu_{53}F_{3i} + \varepsilon_{5i}$$

...      ...      ...      ...      ...

$$Y_{pi} = \mu_{p1}F_{1i} + \mu_{p2}F_{2i} + \mu_{p3}F_{3i} + \varepsilon_{pi}$$

## Framed as Missing Data Problem

| $Y_1$ | $Y_2$ | $Y_3$ | $Y_4$ | .... | $Y_p$ | $F_1$ | $F_2$ | .... | $F_k$ |
|-------|-------|-------|-------|------|-------|-------|-------|------|-------|
| 5     | 1     | 2     | 8     | .... | 5     | ?     | ?     | .... | ?     |
| 4     | 3     | 2     | 7     | .... | 6     | ?     | ?     | .... | ?     |
| 5     | 6     | 4     | 7     | .... | 4     | ?     | ?     | .... | ?     |
| 6     | 2     | 4     | 9     | .... | 5     | ?     | ?     | .... | ?     |
| 3     | 1     | 5     | 6     | .... | 4     | ?     | ?     | .... | ?     |

## Empirical Example

- Perceptions of Adolescents
- Respondents asked to rate on a scale of 1-10 how likely it was that an adolescent would display given attribute
- 44 attributes in all, subset of 9 selected for this particular analysis

### Observed Covariance Matrix of Attributes

|              | 1     | 2     | 3     | 4     | 5    | 6     | 7    | 8    | 9    |
|--------------|-------|-------|-------|-------|------|-------|------|------|------|
| Confused     | 2.98  |       |       |       |      |       |      |      |      |
| Considerate  | -0.02 | 2.82  |       |       |      |       |      |      |      |
| Depressed    | 1.89  | -0.08 | 4.56  |       |      |       |      |      |      |
| Emotional    | 1.36  | -0.03 | 1.63  | 2.39  |      |       |      |      |      |
| Generous     | 0     | 1.93  | 0.17  | 0.09  | 2.66 |       |      |      |      |
| Hardworking  | 0.06  | 1.6   | 0.04  | 0.1   | 1.79 | 2.86  |      |      |      |
| Helpful      | -0.04 | 1.68  | -0.03 | -0.02 | 1.82 | 1.89  | 2.6  |      |      |
| Intelligent  | 0.18  | 0.43  | 0.37  | 0.32  | 0.51 | 0.53  | 0.61 | 1.91 |      |
| Tests Limits | 0.86  | -0.28 | 1.12  | 0.73  | 0.14 | -0.07 | 0.05 | 0.46 | 2.31 |

## Factor Analysis

- Ratings covary due to underlying shared factor structure
- Determine K as dimensionality of factor space
- Factors represent salient dimensions along which college students perceive adolescents
- Decompose into shared variance (communality) and non-shared variance (uniqueness)

### Two Factor ML Solution with Varimax Rotation (solution presented in correlation metric)

|              | F1  | F2  |
|--------------|-----|-----|
| Confused     |     | .71 |
| Considerate  | .77 |     |
| Depressed    |     | .71 |
| Emotional    |     | .70 |
| Generous     | .85 |     |
| Hardworking  | .78 |     |
| Helpful      | .83 |     |
| Intelligent  | .29 | .18 |
| Tests Limits |     | .48 |

## Latent Profile Model

- Population of raters is composed of heterogeneous mix of qualitatively different perspectives
- Successively test models with increasing K number of subgroups
- Subgroups represent qualitatively different perspectives (or types of raters)

## Estimating Latent Profiles

- Successive models with  $K = 1, 2, 3$  yield increasingly better fitting models
- For  $K = 3$  multiple local modes found
- Solution found with the highest likelihood represented below in terms of conditional means, group probabilities and conditional variances
- However, this could also be represented as the factor loadings and uniquenesses

|               | <u>Group Means</u> |       |       | <u>Pooled Within Variance</u> |
|---------------|--------------------|-------|-------|-------------------------------|
|               | 1                  | 2     | 3     |                               |
| Confused      | -0.37              | 0.02  | 0.23  | 2.91                          |
| Considerate   | -1.54              | 1.53  | -0.04 | 1.46                          |
| Depressed     | -0.34              | -0.02 | 0.23  | 4.48                          |
| Emotional     | -0.53              | -0.06 | 0.39  | 2.23                          |
| Generous      | -1.66              | 1.66  | -0.05 | 1.07                          |
| Hardworking   | -1.53              | 1.56  | -0.06 | 1.48                          |
| Helpful       | -1.61              | 1.76  | -0.16 | 0.96                          |
| Intelligent   | -0.43              | 0.65  | -0.16 | 1.71                          |
| Tests Limits  | 0.05               | 0.25  | -0.21 | 2.26                          |
| Probabilities | 0.28               | 0.29  | 0.43  |                               |

## Implications

- Similar, but definitely not equal in fit
- Rotational indeterminacy?
- Clues to fitting mixture models better (start values, over fitting)

## Similar... but not equal in fit

- Although the ML 3-class solution can be written as a 3 – factor model, the actual fit to the observed covariance matrix is poor
- The problem is immediately obvious if we remain flexible in viewing the mixture solution both as a factor model and as a mixture model
- The communality of the two factor solution is very different than the “between group” variance in the three group mixture

|               | <u>Group Means</u> |       |       | <u>Pooled Within Variance</u> |
|---------------|--------------------|-------|-------|-------------------------------|
|               | 1                  | 2     | 3     |                               |
| Confused      | -0.37              | 0.02  | 0.23  | 2.91                          |
| Considerate   | -1.54              | 1.53  | -0.04 | 1.46                          |
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| Emotional     | -0.53              | -0.06 | 0.39  | 2.23                          |
| Generous      | -1.66              | 1.66  | -0.05 | 1.07                          |
| Hardworking   | -1.53              | 1.56  | -0.06 | 1.48                          |
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Two Factor ML Solution with Varimax Rotation

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| Hardworking  | .78 |     |
| Helpful      | .83 |     |
| Intelligent  | .29 | .18 |
| Tests Limits |     | .48 |

## Rotational Indeterminacy?

- If the conditional means and group probabilities can be represented as factor loadings and factor variances, then are there an infinite number of mixture solutions? Yes and no.



## Rotations

$$\Sigma = \Lambda \Phi \Lambda^T + \Theta$$

$$\Sigma = \Lambda T T^T \Phi T T^T \Lambda^T + \Theta$$

|               | <u>Group Means</u> |       |       | <u>Pooled Within Variance</u> |
|---------------|--------------------|-------|-------|-------------------------------|
|               | 1                  | 2     | 3     |                               |
| Confused      | -0.37              | 0.02  | 0.23  | 2.91                          |
| Considerate   | -1.54              | 1.53  | -0.04 | 1.46                          |
| Depressed     | -0.34              | -0.02 | 0.23  | 4.48                          |
| Emotional     | -0.53              | -0.06 | 0.39  | 2.23                          |
| Generous      | -1.66              | 1.66  | -0.05 | 1.07                          |
| Hardworking   | -1.53              | 1.56  | -0.06 | 1.48                          |
| Helpful       | -1.61              | 1.76  | -0.16 | 0.96                          |
| Intelligent   | -0.43              | 0.65  | -0.16 | 1.71                          |
| Tests Limits  | 0.05               | 0.25  | -0.21 | 2.26                          |
| Probabilities | 0.28               | 0.29  | 0.43  |                               |

## “Equivalent” Mixture Solution

|               | <u>Group Means</u> |       |       | <u>Pooled Within Variance</u> |
|---------------|--------------------|-------|-------|-------------------------------|
|               | 1                  | 2     | 3     |                               |
| Confused      | -1.47              | -0.14 | 0.23  | 2.91                          |
| Considerate   | -10.39             | 0.25  | -0.04 | 1.46                          |
| Depressed     | -1.25              | -0.15 | 0.23  | 4.48                          |
| Emotional     | -1.87              | -0.25 | 0.39  | 2.23                          |
| Generous      | -11.22             | 0.28  | -0.05 | 1.07                          |
| Hardworking   | -10.44             | 0.27  | -0.06 | 1.48                          |
| Helpful       | -11.28             | 0.37  | -0.16 | 0.96                          |
| Intelligent   | -3.53              | 0.20  | -0.16 | 1.71                          |
| Tests Limits  | -0.51              | 0.17  | -0.20 | 2.26                          |
| Probabilities | 0.01               | 0.56  | 0.43  |                               |

## Insights into Fitting Models

- Suggests starting values
- Fitting too many classes to mixture model overdetermines the covariance structure
- Connection with clustering solutions as discussed in other fields (computer science and math)

## Choosing Start Values

- Mixture models often multimodal
- Suggestion is to start from variety of initial values
- Factor structure provides excellent choice of starting values
- In this example, four class mixture starting at hi/lo on two factor model fits very well

## Summary

- Up to first and second moments, mixture model solutions can be rewritten as factor models
- Mixture solution is not necessarily a good fit of covariance structure of the data
- Rotational indeterminacy of factor solution will not fit mixture model likelihood equivalently

## Summary

- Complementary view of mixture and factor models yields insight for estimation and interpretation
- Many areas for future research on this topic (estimation, model diagnostics, extensions to other models etc.)